

## Meko Aged 6 and her Caregiver



Caregivers have been trained to work specifically with the disability of each child. They were shown that children that are severely affected by Cerebral Palsy, can be placed on their tummies or backs. Supporting the children's heads or backs when they are in this position can calm them considerably. During the periods of such positioning children are visibly relaxed. The photograph of Meko and her caregiver demonstrates this technique and how it stops her repetitive muscle twisting and movements.



The children and staff of Othandweni would like to express their sincere thanks and appreciation for the funds for a bath and ozone mat for water therapy for the children. Once the bath installation has been completed, this treatment will further add to the treatment of painful contractures.

It is not always easy to spend 24 hours a day with a child with a disability, but the caregivers are dedicated and have a lot of patience and love for the children. Every success is shared by the caregivers and so does every challenge or set back affect them personally.